

Exam 2: NUR163/ NUR 163 (NEW 2023/ 2024 Update) Concepts of Practical Nursing in the Care of Elderly Patients Exam Review| Questions and Verified Answers| Grade A – Hondros

QUESTION

_What would we teach our patients to prevent cardiovascular complications from immobility?

Answer:

- Increase activity
- Join gym
- Learn relaxation techniques

QUESTION

_To help heal wounds, what should a patient increase in their diets?

Answer:

Protein

QUESTION

_What should we watch for in patients with colitis?

Answer:

vitamin A loss

QUESTION

_What is a urinary issue/complication of immobility?

Answer:

- Decreased output
- Increase frequency

QUESTION

Confidentiality?

Answer:

protecting the privacy

QUESTION

Effects of stress on the body

Answer:

headache and body aches
depression
increase in BP
increased heart-rate
increased blood sugar
sleep issues
increase respiratory rate
hyperventilation
decreased digestive enzymes
increased muscle tension
ulcers
loss of appetite
nausea
diarrhea
constipation

learnexams

QUESTION

Warfarin antidote

Answer:

Vitamin K

QUESTION

_Trade name for warfarin?

Answer:

Coumadin

QUESTION

_Hypercalcemia S/S

Answer:

nausea, vomiting, lethargy, polyuria, thirst, dehydration, stupor, and coma

QUESTION

_Hyponatremia S/S

Answer:

Nausea

Muscle cramps

Confusion

Muscular twitching, coma

Seizures

Headache

learnexams

QUESTION

_Hypomagnesemia S/S

Answer:

Anorexia, Distention, Neuromuscular irritability, Depression, Disorientation, tetany

QUESTION

_Ph 7.73 co28 bicarb 28 - what is it?

Answer:

metabolic alkalosis

QUESTION

_Hypernatremia S/S

Answer:

Thirst, Hyperpyrexia, Sticky mucous membranes, Dry mouth, Hallucinations, Lethargy, Irritability, Seizures

QUESTION

_Nursing interventions for this imbalance would be to administer kayexalate

Answer:

hyperkalemia

QUESTION

_Which metabolic imbalance is a patient with continuous NG suctioning most at risk for?

Answer:

Metabolic alkalosis because we are suctioning out the acid

QUESTION

- _ Ph 7.19
- Co2 36
- Bicarb 13

Answer:

metabolic acidosis